



Why Ladybirds Are Essential For Your Garden

Ladybirds are one of the most beneficial insects you can welcome into your garden. Here's why:

1. Natural pest control

Ladybirds and their larvae feed on aphids, helping protect your plants naturally.

2. Reduce the need for chemicals

With ladybirds doing the work, there's less need for harmful pesticides.

3. They tackle multiple pests

They also eat tiny insects, mites, and whiteflies.

4. Healthier plants

Fewer pests means stronger growth, better blooms and improved yields.

5. Boost biodiversity

Ladybirds play an important role in a balanced garden ecosystem.

6. Support other wildlife

They form part of the food chain for birds and other insects.

7. Indicator of a healthy garden

A thriving ladybird population is a sign your garden is in balance.

8. Fast reproduction

In the right conditions, ladybirds multiply quickly, increasing their impact.

Easy Tips on How to Attract Ladybirds to Your Garden

Creating a ladybird-friendly garden is simple with a few thoughtful changes:

1. Grow plants that attract aphids

It may sound odd, but aphids provide food for ladybirds.

Try planting:

- Roses
- Broad beans
- Nasturtiums

2. Add nectar rich flowers

Adult ladybirds also feed on pollen and nectar.

Include:

- Dill
- Fennel
- Marigolds
- Yarrow
- Calendula

3. Avoid pesticides

Even organic sprays can harm ladybirds or remove their food source.

4. Create natural shelter

Ladybirds need safe places to hide and hibernate:

- Leave leaf litter
- Keep dead stems over winter
- Add log or bark piles

5. Install a ladybird house

Place in a sunny, sheltered spot and fill with natural materials like straw or bark.

6. Plant a variety of species

A mix of flowers, herbs, shrubs, and wild plants creates a balanced habitat.

7. Include dense planting or hedges

These provide protection from wind and predators.

8. Provide water

A shallow dish with stones allows safe access for insects.

9. Accept a few pests

A completely pest-free garden won't attract ladybirds, nature needs balance.

10. Support them year-round

- Leave some areas undisturbed
- Include evergreen plants
- Maintain winter shelter spots

A final word from me

A slightly "wild" garden is far more attractive to ladybirds than a perfectly tidy one.

Let nature do some of the work and you'll be rewarded with a healthier, more vibrant garden.



A free resource from www.thegardenjungle.co.uk